

Circles of Care Overview

NARA NW has received a three year Circles of Care grant from the Substance Abuse and Mental Health Services Administration (SAMHSA).

For this project, American Indian/ Alaska Native parents, youth, and elders, as well as community service providers, school districts and NARA NW project staff will work together to:

- address gaps and needs in mental health service delivery
- reduce stigma
- improve relationships between providers
- create a plan to improve, increase, and enhance existing services
- increase cultural competence in the overall behavioral health system.



Native American Rehabilitation Association

Circles of Care Project
1776 SW Madison
Portland, OR 97205
Phone: 503-224-1044
Fax: 503-621-2235

Circles of Care Staff:
Amanda Cross
Robbie Gondara
Kathie Archambault

Circles of Care Project



*Strengthening the
Family Circle*

Native American Rehabilitation Association NW

Help Strengthen the Family Circle!

The main goal of the *Circles of Care* project is to develop a system of care to improve mental health for children, youth, and families.

Over the next three years, we will bring together:



- families
- young people
- community leaders
- elders
- school districts
- service providers.

With your help, we can plan and develop service systems and treatment options based on the values of our local Native American community.

As a strengths-based model, *Strengthening the Family Circle* will also develop a system of care that offers protective factors for children who, without intervention, would likely develop a Severe Emotional/Behavioral Disturbance or related risk factors in the coming years.

What is a System of Care?

A system of care follows the core values & guiding principles below:

Family Focused: child-centered, with the needs of the child/family directing the types and mix of services provided. Families are full participants in all aspects of planning and delivery of services.

Individualized: individualized services and plans to meet unique needs and strengths.

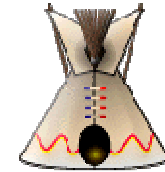
Least Restrictive: services within the least restrictive, most normative environment.

Community Based & Accessible: services and decision-making rest at the community level and are easy to access.

Comprehensive Integrated Services: access to a broad range of services addressing physical, emotional, social and educational needs, delivered in a coordinated way. Child-serving agencies and programs are linked together and share planning, development, and coordination of services.

Culturally Competent: agencies, programs, and services are responsive to cultural, racial, and ethnic differences.

Early Identification: identifying and intervening early increases positive outcomes.



The **target population** for this project are urban Indian children and youth, aged 22 and under, and their families, who are at risk of, or experiencing, severe emotional or behavioral disturbance.

The geographic areas served will include:

- Multnomah County, OR
- Clackamas County, OR
- Washington County, OR
- Clark County, WA.

Learn More!

For more information, or to be involved, please contact **Amanda Cross** (across@naranorthwest.org) or **Robbie Gondara** (rgondara@naranorthwest.org) at (503) 224-1044.



Native American Rehabilitation Association

Circles of Care Project	Circles of Care Staff:
1776 SW Madison	Amanda Cross
Portland, OR 97205	Robbie Gondara
Phone: 503-224-1044	Kathie Archambault
Fax: 503-621-2235	