

Urban American Indian Tobacco Prevention & Education Network (UAITPEN)
Quarterly Meeting Minutes

Date: February 15th, 2007

Location: Augustana Lutheran Church, 2710 NE 14th Ave, Portland, OR 97212

Present: Kerri, CeCe, Elaine, Hugh, Carol, Diana, Gloria, Yugen, Norma, R.E., Miryang, Christine, Karen.

Facilitated by: Becky Wright

Agenda Items:

- I. Introductions
- II. Lunch/Raffle
- III. Evaluation Activity
 - a. Carrie & Jelani from NPC research
- IV. Legislative Update
 - a. Tobacco related bills
- V. Policy Project Update
 - a. Smokefree NARA
- VI. TPEP coordinator activities
- VII. Announcements
 - a. Network member upcoming events
- VIII. Adjourn

III. Evaluation Activity

Due to illness, neither Carrie nor Jelani were able to make it to the meeting.

IV. Legislative Update

Handout of current legislature in Oregon related to Tobacco. Briefly went over it. See attached handout.

Discussed need for Network members to participate in Lobby day on March 20th, but that TPEP coordinators hands are tied because project is funded by state money. Norma Trimble volunteered to organize a van so that any network or community member that wanted to participate in lobby day could. Lobby day is essentially a day set up by the American Lung Association as a day that community members can go to Salem and meet with legislatures to tell them how important the proposed legislation is to them. If you are interested in being a part of this, please contact Norma at norma_trimble@yahoo.com.

V. Policy Project Update

TPEP Coordinator, Becky Wright, discussed her current activities and policy work. Essentially, a 100% tobacco free policy (excluding ceremonial or sacred use) for NARA is in the development stages. A staff survey has been completed online, and preliminary results were shared with the group. More surveys will be distributed in paper version to try and reach staff who did not utilize the web based survey. 95 responses have occurred, and so with a staff count of 146, that is a 65% response rate on the survey (which is very good!). See attached copy of survey for questions asked.

Group discussed the proposed policy, and is all in favor of it. It was questioned as to why the process was slow, and Becky responded that the NARA employees must be on board and invested in it or it won't succeed. Also, time is needed to determine what resources need to be available (and increased funding developed to provide those resources) for staff and clients of NARA to quit smoking in order to comply with proposed policy. Hugh Grant, who is on the NARA Board of Directors, indicated that the BOD is in full support of this policy, and requested a letter be written to all BOD members before

the retreat next month (March 17). Also discussed was the need to provide all the resources we could to current tobacco users to facilitate a smooth transition. It was suggested that we start conversations with current (non-traditional) tobacco users who work for NARA to determine what would be useful to them.

There was also a discussion of how strong fragrances can trigger asthma attacks, and how could we address that issue with this policy. Offering “fragrance free” counselors was one suggestion. Next step is the development of a work group or task force of NARA employees to devise the best method of creating this policy, as well as what the policy should look like. Also, increased education of NARA employees about tobacco issues, especially how they relate to other addictions, will occur.

VI. TPEP Coordinator activities

A list was provided to all attendees of what activities Becky Wright is currently engaged in. Current Activities of UAITPEN

- Policy work at NARA
 - Development of workgroup
 - Employee survey
- Work with the Multicultural TPEP
 - World No Tobacco Day event planning
 - Letter in support of tobacco free community colleges
 - Presentation at PSU
 - Media literacy
- Through With Chew/Great American Spitout
 - Flyer created
 - Materials at NARA clinic
 - Materials to dental staff at Chemawa, Grand Ronde clinic
- Outreach
 - New Years Eve Sobriety Powwow
 - Presentation @ SHS at Family group at NARA outpatient
 - Tobacco 101 Presentation for men’s group at NARA outpatient
 - Tobacco Presentation for pre-Diabetes group at NARA clinic

VII. Announcements

- 2.28.07 Tri-county tobacco coalition meeting 9:30-11:30, Portland, OR
- Multicultural TPEP council meeting 1-4pm, Portland, OR
- 3.1.07 Chemawa Health Fair 9:30-3:30, Salem, OR
- 3.8-3.9.07 Northern Plains Tobacco Policy Workshop, Chamberlain, SD
- 4.6.07 TPEP Training on coalition building, Portland, OR (open to everyone, free)
- 4.9-4.12.07 National Native Leadership Institute on Tobacco, Albuquerque, NM

VII. a. Network member upcoming events

Karen Kitchen announced an upcoming youth focused health and wellness fair on April 12, 2007. It will be held at the Native American Student and Community Center located at 710 SW Jackson St. in Portland (PSU campus). Norma Trimble will be conducting a presentation about tobacco for this event. Christine Bruno announced that there will be a Native American Family Enrichment Day on Saturday, April 14th, 2007, from 9am to 7pm. This will also be held at the Native American Student and Community Center located at 710 SW Jackson St. in Portland (PSU campus). We will be providing tobacco educational materials at this event. Please sign your family up for this event; contact judyw@grantspass.com or call 1-888-505-2673 extension 201.