



# Native American Rehabilitation Association

Over 250 employees providing culturally responsive services in nine locations  
1776 S. W. Madison Street, Portland, OR | 503-224-1044

## NARA's Hiring: Mental Health Therapist

You love the challenge and rewards of working with individuals who are grappling with issues and finding solutions. With your master's and professional licensure, you are equipped to respond to treatment needs through outreach, therapy, and case management.

The Native American Rehabilitation Association (NARA) is seeking a Mental Health Therapist (Adult and Family) to provide comprehensive, mental-health services for adults, couples, families, and groups. Hours of work include some evenings and weekends to support NARA cultural events. You would be located at NARA's Outpatient facility in the Goose Hollow neighborhood of downtown Portland.

To apply, send cover letter, resume, salary requirements, and how you learned about this job opening to [jobs@naranorthwest.org](mailto:jobs@naranorthwest.org) or fax 503-224-4494.

See full job description (below) plus information on sobriety, compensation, equal opportunity, background, mission, and links to local Native community.

### Essential Duties

- Provide mental health assessments at intake and when updates are required.
- Provide individual and group-therapy sessions, using evidence-based practices such as Seeking Safety and Dialectical Behavioral Therapy (DBT)-informed interventions.
- Learn and apply culturally-informed interventions when applicable and appropriate.
- Serve as consultant and liaison with referral sources and treatment providers.
- Complete written diagnostic assessments, treatment plans, progress notes, transfer and discharge summaries and other documentation as required. Contribute to development of treatment plan with addictions counselors.
- Provide crisis intervention services as needed including referral and follow up.
- Participate in community mental-health awareness and community-outreach programs of NARA.
- Provide referral, follow-up, and outreach services as needed.

- Provide psycho-educational groups/trainings to clients or staff as needed.
- Participate in outpatient staff meetings as needed.
- Participate in adult-mental-health staff meetings.
- Participate in quality-assurance activities including chart reviews.
- Attend relevant training as assigned.
- Participate in multi-disciplinary clinic staffing and meetings as needed.
- Perform other duties as assigned to fulfill NARA's mission.

### Qualifications

- Master's degree in social work, psychology, counseling, or psychiatric nursing plus two years paid experience as Mental Health Specialist, dual diagnosis experience
- Licensure: Licensed Clinical Social Worker, Licensed Professional Counselor, or Licensed Marriage and Family Therapist
- Ability to maintain professional boundaries with clients, the community, and other staff members

- Ability to work collaboratively with clients, other NARA staff, team members, and to treat everyone with respect and dignity at all times
- Experience working within the Native American/Alaska Native community, a plus

**Sobriety:** NARA requires sobriety of all its employees with minimum of two years sobriety/clean time for those in recovery. All potential hires are required to pass a pre-employment (post-offer) drug-screen and criminal-background check. Our agency is fully committed to supporting sobriety and – as such – all new hires must agree to model (1) non-drinking behavior, (2) no illicit-drug use and (3) no prescription-drug abuse.

**Compensation:** NARA offers employees a generous benefits-package that includes: (A) insurance: medical, dental, vision, prescription, life, accidental death and dismemberment, short- and long-term disability, (B) separate vacation and sick-day accruals increasing with years of service, (C) 12 holidays including your birthday, (D) flexible spending account, (E) employer-matched 401(k) program, and (F) employee assistance program. Benefits are pro-rated for employees who work an average of 20 or more hours per week.

**Equal-Opportunity and Affirmative-Action Employer:** Veterans/People with Disabilities/ Race/ Ethnicity/ Gender/ Age/ any protected class: Within scope of Indian Preference, all candidates receive equal consideration. Preference in hiring is given to qualified Native Americans in accordance with Indian Preference (Title 25, US CODE, Sections 472 & 473).

**Background:** Since NARA’s beginning in 1970, traditional Indian cultures have been an integral part of NARA’s services. This commitment has attracted individuals from over 255 tribes to NARA’s facilities! NARA’s Cultural Director trains and consults staff on cultural competence and provides cultural programming for all clients. NARA also integrates several White Bison curricula including The Medicine Wheel and 12 Steps, Mending Broken Hearts and Understanding the Purpose of Life.

**Mission:** Native American Rehabilitation Association of the Northwest, Inc. (NARA) provides culturally appropriate education, physical- and mental- health services and treatment for substance use disorders to American Indians, Alaska Natives and others in need. Serving the Portland metropolitan area and vicinity, NARA operates a residential family-treatment center, an outpatient treatment center, a child and family services center, a primarily healthcare clinic, several adult and mental health locations, a wellness center, and transitional housing for Native women and children. With over 250 diverse employees, NARA is an Indian-owned, Indian-operated, non-profit organization and a Treatment Center certified by White Bison.

### Links to the Local Native Community

- Travel Portland | Native American Portland | <https://www.travelportland.com/collection/native-american-portland/>
- Metro | “The Roots of Portland’s Native American Community” | <https://www.oregonmetro.gov/news/roots-portlands-native-american-community>
- "The Native American Community in Multnomah County" [where Portland is located] | <https://www.portlandoregon.gov/oni/article/505489>
- Multnomah County Library | “Oregon Native American Tribes” | <https://multcolib.org/blog/20160819/oregon-native-americanindian-tribes>
- Portland Indian Leaders Roundtable [See Facebook page for current events.] | <http://www.portlandindianleadersroundtable.org/contributing-organizations.php>
- Portland Public Schools | Indian Education Program | <https://www.pps.net/indian-education>

### Portland

- City of Portland | [www.portlandoregon.gov](http://www.portlandoregon.gov)
- Travel Portland | [www.travelportland.com](http://www.travelportland.com)
- Greater Portland | [www.greaterportlandinc.com](http://www.greaterportlandinc.com)

We are mission-driven and spirit-led.  
Check out our website: [www.naranorthwest.org](http://www.naranorthwest.org).