

NARA is a Federally Qualified Health Center. We are able to offer a discount on most services based on a family's household income and size. The discount is based upon the Federal Poverty Guidelines which are published annually by the Federal Government.

Sliding fee discounts are primarily determined by using Federal Income Tax Forms, W-2's, or last three consecutive pay stubs. The staff at NARA then use the table on the inside of this brochure to determine your eligibility.

The discount you receive could be as high as 100% of the charges for your visit which would result in you paying nothing. If your income falls between 101-199% of the federal poverty guidelines you may be asked for a \$30, \$40 or \$50 dollar copay at each visit. This copay would be charged per day, per department (medical, dental or behavioral health).

Sliding Fee discount payment is due and payable at the time of service.

**If you have any questions,  
please contact the NARA Billing  
Department at 503.224.1044 or  
email at [billing@naranorthwest.org](mailto:billing@naranorthwest.org)**

**NARA Administrative Office  
SE Caruthers Street  
211 Portland, OR 97214  
503.224.1044  
[www.naranorthwest.org](http://www.naranorthwest.org)**



If you wish to qualify for the sliding fee discount, you **MUST** show proof of income for all family members/individuals living in your household (or outside your household) for whom you are financially responsible.

### **Applicants will need to provide a copy of either:**

- Three consecutive pay stubs for each employed adult age 18 and over living in the household, or living outside the household but for whom the household is financially responsible
- Previous year's tax return or W-2 for each adult living in the household or for whom the applicant is financially responsible for
- Other sources of income to provide proof of include: Social Security, Alimony, Child Support, Disability, Pension/Retirement, Unemployment, Veterans Benefits, Income from a business you run or TANF

If you do not have any source of income, please speak with the front desk regarding what documentation might be required.

# SLIDING FEE DISCOUNT



*Mission Driven, Spirit Led*

Native American Rehabilitation  
Association of the Northwest, Inc.

**NARA HEALTH SERVICES  
2025 SLIDING DISCOUNT SCALE**

Family Size	Income Measure	Category 0	Category 1	Category 2	Category 3	Category 4
% of Federal Poverty Income Guidelines		up to 100%	100.01% - 133%	133.01% - 150%	150.01% to 200%	200.01% +
Pharmacy		\$0	\$3 (Cap of 5 Scrips)	\$5 (Cap of 5 Scrips)	\$7 (Cap of 5 Scrips)	100% Self Pay
Health Services		\$0	\$30	\$40	\$50	100% Self Pay
1	Annual	0 – 15,650	15,651 – 20,815	20,816 – 23,475	23,476 – 31,300	31,301 +
	Monthly	0 – 1,304	1,305 – 1,734	1,735 - 1,956	1,957 - 2,608	2,609 +
2	Annual	0 – 21,150	21,151 – 28,130	28,131 – 31,725	31,726 – 42,300	42,301 +
	Monthly	0 – 1,763	1,764 – 2,344	2,345 - 2,644	2,645 - 3,525	3,526 +
3	Annual	0 – 26,650	26,651 – 35,445	35,446 – 39,975	39,976 – 53,300	53,301 +
	Monthly	0 – 2,221	2,222 – 2,954	2,957 - 3,331	3,332 – 4,442	4,443 +
4	Annual	0 – 32,150	32,151 – 42,760	42,761 – 48,225	48,226 – 64,300	64,301 +
	Monthly	0 – 2,679	2,680 – 3,563	3,564 – 4,019	4,020 - 5,358	5,359 +
5	Annual	0 – 37,650	37,651 – 50,075	50,076 – 56,475	56,476 – 75,300	75,301 +
	Monthly	0 – 3,138	3,139 – 4,173	4,174 – 4,706	4,707 – 6,275	6,276 +
6	Annual	0 – 43,150	43,151 – 57,390	57,391 – 64,725	64,726 – 86,300	86,301 +
	Monthly	0 – 3,596	3,597 – 4,782	4,783 – 5,394	5,395 – 7,192	7,193 +
7	Annual	0 – 48,650	48,651 – 64,705	64,706 – 72,975	72,976 – 97,300	97,301 +
	Monthly	0 – 4,054	4,055 – 5,392	5,393 – 6,081	6,082 – 8,108	8,109 +
8	Annual	0 – 54,150	54,151 – 72,020	72,021 – 81,225	81,226 – 108,300	108,301 +
	Monthly	0 – 4,513	4,514 – 6,002	6,003 – 6,769	6,770 – 9,025	9,026 +
for each additional person, add		5,500 Annual/ 458 Month	5,500 Annual/ 458 Month	5,500 Annual/ 458 Month	5,500 Annual/ 458 Month	5,500 Annual/ 458 Month

*\*Based on 2025 Federal Register Poverty Income Guidelines*

**Exclusions:**

- Lab only visits    •RN only visits    •Some groups such as Culture group    •Some in-office procedures
- NO offsite services are eligible such as hospital services